

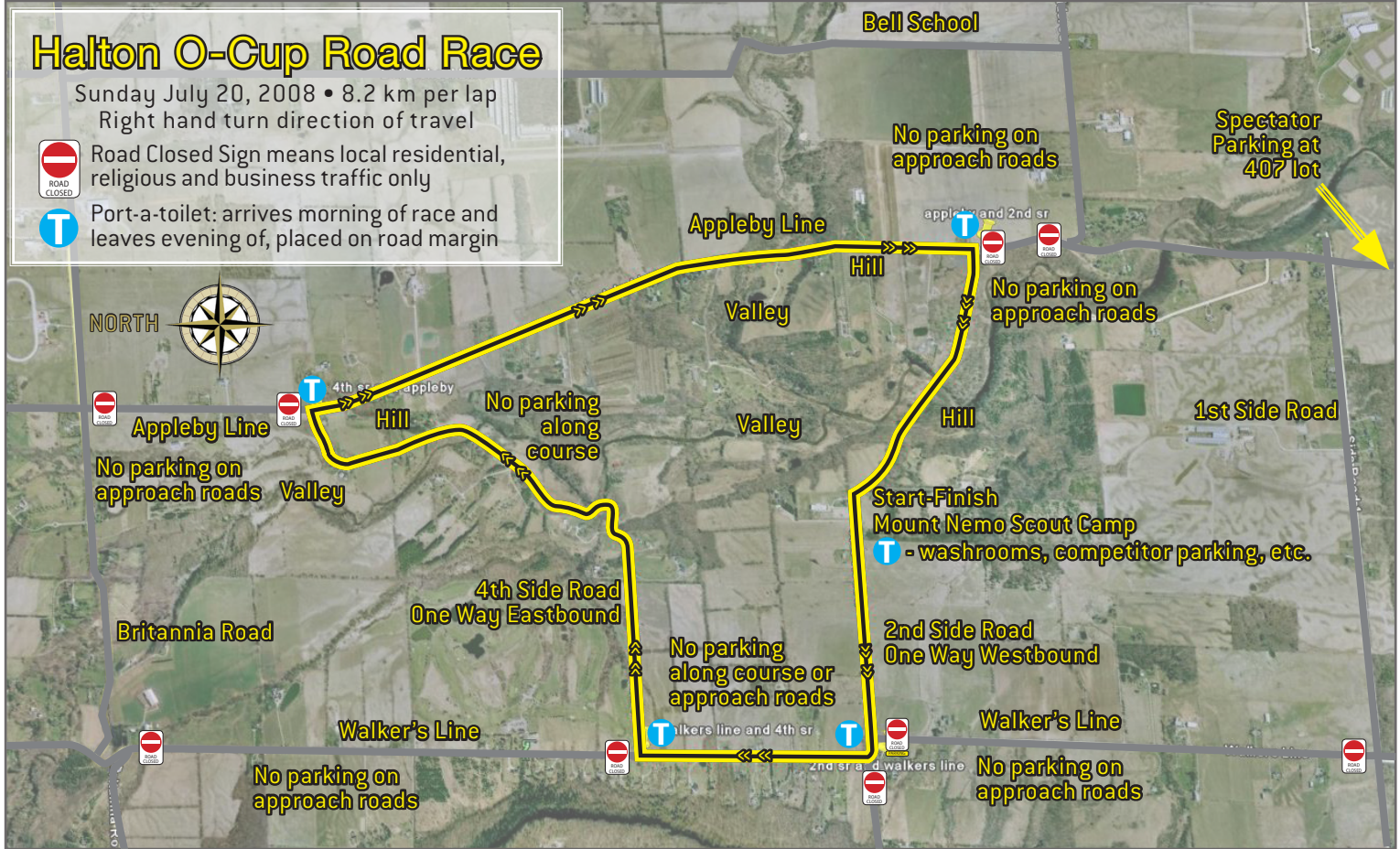


Halton O-Cup Road Race

Sunday July 20, 2008 • 8.2 km per lap
Right hand turn direction of travel

 Road Closed Sign means local residential, religious and business traffic only

 Port-a-toilet: arrives morning of race and leaves evening of, placed on road margin



SCHEDULE • SUNDAY, JULY 20, 2008

Medal Categories	Laps	Distance km	Est km/h	Est. Race Time (H:MM:SS)	Start Time	Est. End Time	Est. Lap Time (H:MM:SS)
Start Group: 1							
Senior IV Men	7	57.4	38.7	1:28:60	8:30 AM	9:58 AM	0:12:43
Master III Men	7	57.4	38.7	1:28:60	8:30 AM	9:58 AM	0:12:43
U17 (Cadet) Men	7	57.4	36.8	1:33:35	8:33 AM	10:06 AM	0:13:22
U17 (Cadet) Women	6	49.2	34.6	1:25:19	8:36 AM	10:01 AM	0:14:13
U19 Junior Women	6	49.2	38.4	1:16:53	8:36 AM	10:01 AM	0:14:13
Senior III Women	6	49.2	34.6	1:25:19	8:36 AM	10:01 AM	0:14:13
Master A 30-39 Women	6	49.2	34.6	1:25:19	8:36 AM	10:01 AM	0:14:13
Master B 40+ Women	6	49.2	34.6	1:25:19	8:36 AM	10:01 AM	0:14:13
Start Group: 2							
Master II Men	9	73.8	40.0	1:50:42	11:00 AM	12:50 PM	0:12:18
Senior III Men	9	73.8	40.4	1:49:36	11:03 AM	12:52 PM	0:12:11
U19 Junior Men	9	73.8	40.4	1:49:36	11:03 AM	12:52 PM	0:12:11
Senior I/II Women	9	73.8	36.6	2:00:59	11:06 AM	01:06 PM	0:13:27
Start Group: 3							
Senior I/II Men	18	147.6	40.3	3:39:45	1:30 PM	05:09 PM	0:12:13
Master I Men	15	123.0	41.7	2:56:59	1:33 PM	04:29 PM	0:11:48
U15 Girls & Boys	1	8.2	32.0	0:15:22	1:36 PM	1:51 PM	0:15:22

Entry fees: U15:\$10 • U19: \$30 • All others: \$55 • Race Day Registration closes 30 minutes before the advertised start of each event. A \$10 additional charge is applied to race-day registrations; cash only please • U.S. funds will be accepted at par. • One day permits \$10 • No refunds

Preregistration is available on Ontario Cycling Association web-site www.ontariocycling.org

All riders are required to sign-in no later than 30 minutes prior to the start of their event.

Course is narrow roads with rolling with complex turns in descent... Please practice downhill turns at speed. No yellow line rule.

Parking: Mount Nemo Scout Camp or the parking lot at Hwy 407 and Appleby Line. **NO PARKING** on course, approach roads or at the church...

Vehicles parked on course or approach roads may be ticketed and towed at owners expense!

Competitors caught tossing garbage or urinating in public **will be severely fined.**